



S – STRAWBERRIES

- Strawberries are the only fruit that wear their seeds on the outside. The average strawberry has about 200 seeds.
- The strawberry plant is a perennial - This means if you plant one now, it will come back next year and the following year and every year after that.
- Native Americans ate strawberries long before European settlers arrived. They were eaten freshly picked or baked into cornbread.
- California produces 80% of the strawberries in the U.S. They grow about 2 billion pounds of this fruit per year.
- Unlike some other fruits, strawberries don't continue to ripen after being picked.
- Strawberries have lots of vitamin C.



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